

## ALSTON MOOR WALKERS ARE WELCOME

### BENTYFIELD MINE – FLINTY FELL CIRCULAR WALK, TUESDAY 21 FEBRUARY 2017

The walk visits several reminders of Alston Moor's mining heritage – Bentyfield Mine, Greengill Hush, Dowgang Hush and Flinty Fell Mine – as well as the summits of Middle Fell and Flinty Fell. A significant part of the walk is on Open Access Land where the paths can be indistinct but otherwise the paths are reasonably good.

| ESSENTIAL INFORMATION |   |
|-----------------------|---|
| Meeting point         | Parking area on the B6277 opposite Bentyfield Mine (Grid Ref: NY 750 424)   |
| Start time            | 10.30am   |
| Route length          | 7 miles   |
| Difficulty            | STRENUOUS. The ascents to the summits of Middle Fell and Flinty Fell are over rough ground and the climb out of Dowgang Hush is steep. Some sections can be VERY muddy especially after wet weather. The actual summit of Middle Fell is on the route however the trig point and the adjacent lime kiln are not but can be visited. This requires climbing a wall.  |
| Who can take part?    | If you think the walk is suitable for you, then you're welcome to take part! There is no membership, or commitment to come on future walks, and no need to register in advance, just turn up on the day. All we ask is for a voluntary donation of £1.50 to cover our insurance costs, and other overheads.<br>The suggested minimum age for participants is 16 for this walk, but all under-18s must be accompanied by a responsible adult.<br>As there are special restrictions in force on the Open Access Land at Flinty Fell unfortunately NO DOGS are allowed on this walk. |
| What to bring         | Weather conditions can change quickly and it can be cold in February, so it's recommended that you wear warm clothing as well as quick drying long trousers, and that you bring a waterproof jacket and trousers, hat, gloves plus a spare upper layer (e.g. a fleece) in a rucksack.<br>In terms of refreshments, we recommend that you bring a packed lunch and a hot drink. The aim is to stop in Nenthead where there are also public toilets.  |
| Further information   | Keith 01434 382798 or 07531 128535<br>Rhys 07889 925568   |